



BEING A SAFE PASSENGER

AAA SCHOOL SAFETY PATROL LESSON PLAN

Grade: K-6

Subject: School Safety

Date: April 2023

Topic: Being a Safe Passenger

Lesson # 6

Time: 10 min.

Lesson Focus and Goals: This lesson will focus on teaching students about distracted driving and how they can help eliminate driver distractions by being a safe passenger.

Materials Needed:

- "Passengers and Driving Distractions" Information Sheet
"Being a Safe Passenger" Coloring Book
- Crayons (optional)

Learning Objectives: Patrollers will learn what a distraction is and ways to reduce distractions as a passenger through reviewing the information sheet and sharing content with peers through coloring book and discussion.

Structure / Activity:

1. Advisor will review the "Passengers and Driving Distractions" information sheet with Patrollers and discuss.
2. Patrollers will split up into groups and present the information to fellow Patrollers to ensure they have mastered the content prior to teaching other students.
3. Advisor will determine how coloring books will be dispersed to other students (ex. Patrollers may provide pre-printed copies to students or Advisor may provide link to teachers digitally).
4. Advisor will determine when and how safety information will be provided to other students by Patrollers (ex. small group setting before school, at lunches, morning announcements, etc.)

Assessment: Students will show comprehension of passenger distraction by listening to discussion with Advisor and practice presenting the content to fellow Patrollers. Patrollers will understand basic concept of distractions and will be able to explain how certain behaviors can create an unsafe environment for a driver.



Passengers and Driving Distractions

What is a distraction?

A distraction is anything that takes the driver's attention away from driving.

What are the three types of distraction?

1. Visual- anything that takes a driver's eyes off the road
2. Manual- anything that takes a driver's hands away from the steering wheel
3. Cognitive- anything that takes a driver's mind off of driving

Did you know?

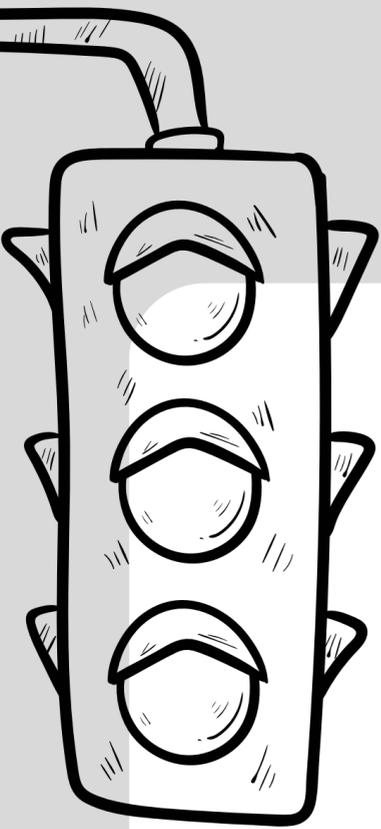
April is National Distracted Driving Awareness month.

What can kids do to help drivers?

Practice being safe passengers by eliminating distracting behaviors when riding in the car or school bus.

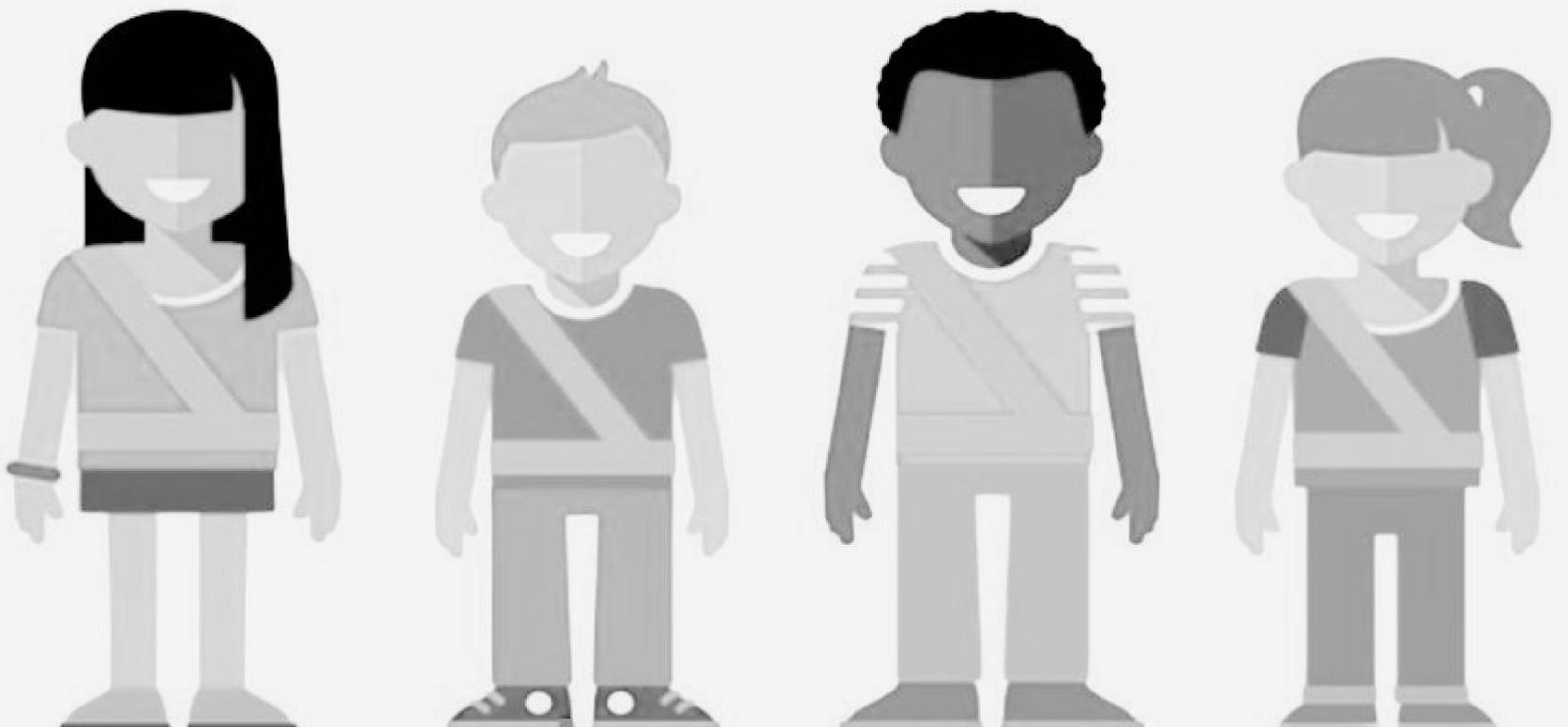
Tips for Being a Safe Passenger:

1. All passengers must buckle up on every ride.
2. Always sit in the back seat until you are 13 years old.
3. Speak softly and stay calm so you do not distract the driver.
4. Practice and encourage others to limit distracting behaviors such as:
 - a. Kicking the seat in front of you
 - b. Crying or yelling
 - c. Throwing things or asking the driver to retrieve something you dropped
 - d. Eating or drinking in the vehicle
5. Things you can do that aren't distracting:
 - a. Read a book
 - b. Watch a tablet with headphones
 - c. Quietly assist a younger sibling if they need something
 - d. Enjoy the view
 - e. Pick a color and keep count in your head of how many vehicles you see of that color during the ride



How to be a Safe Passenger

A Safety Coloring Book
by
AAA School Safety Patrol





What is a distraction?

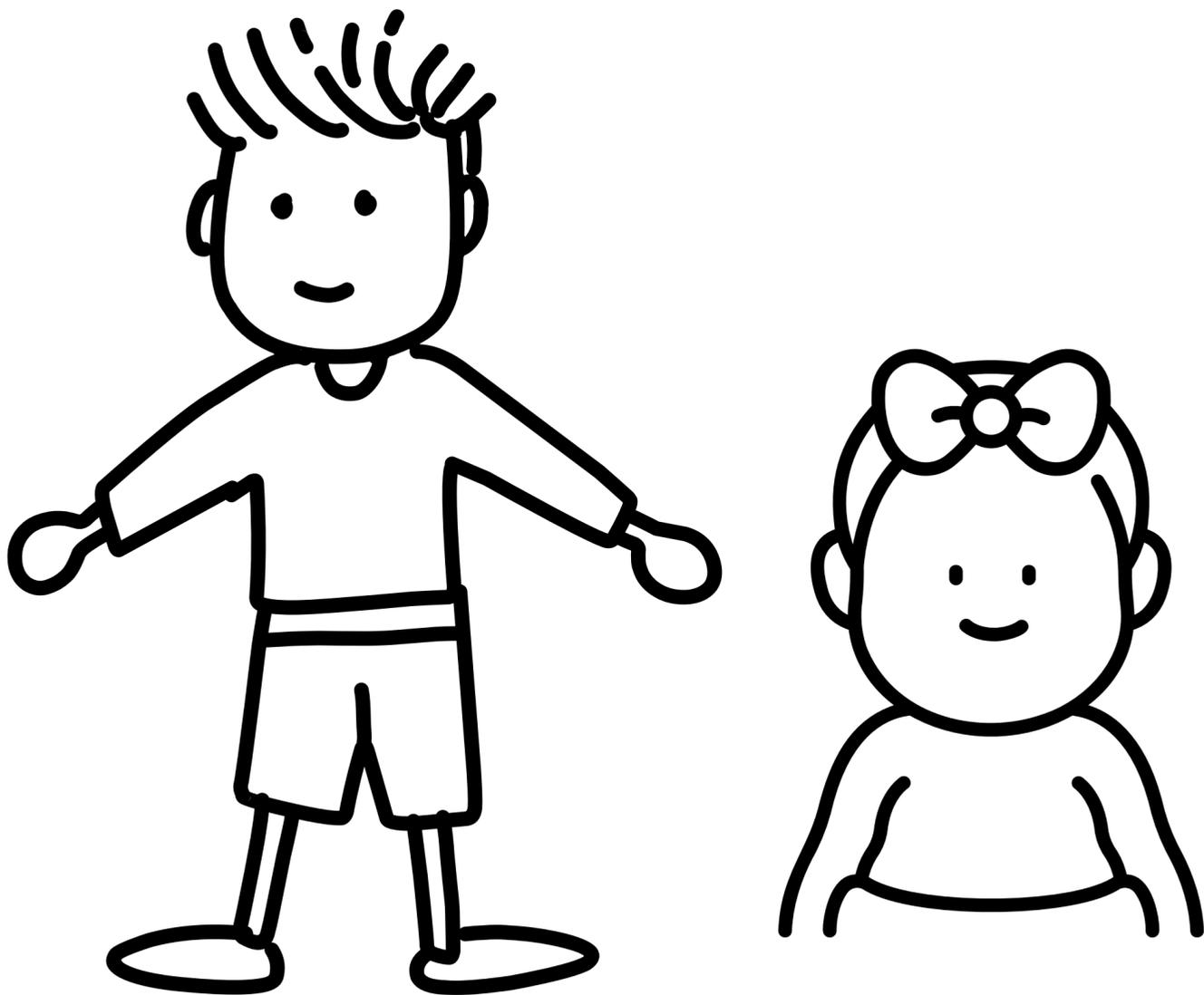


A distraction is anything that takes the driver's attention away from driving.

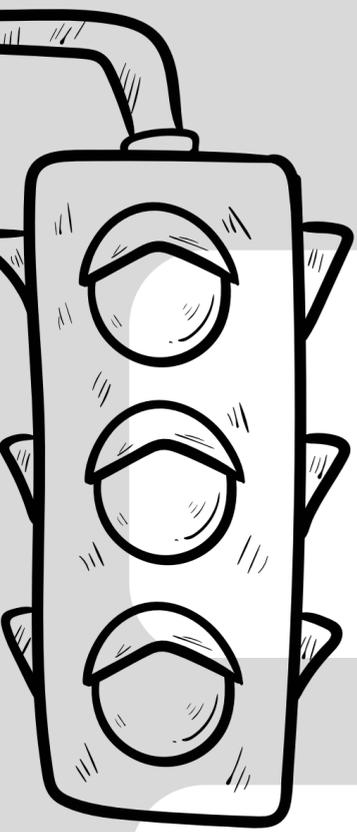


Passengers

Passengers like you and me can become a distraction to the driver.



Yelling, throwing things, and fighting with a sibling are all distractions.



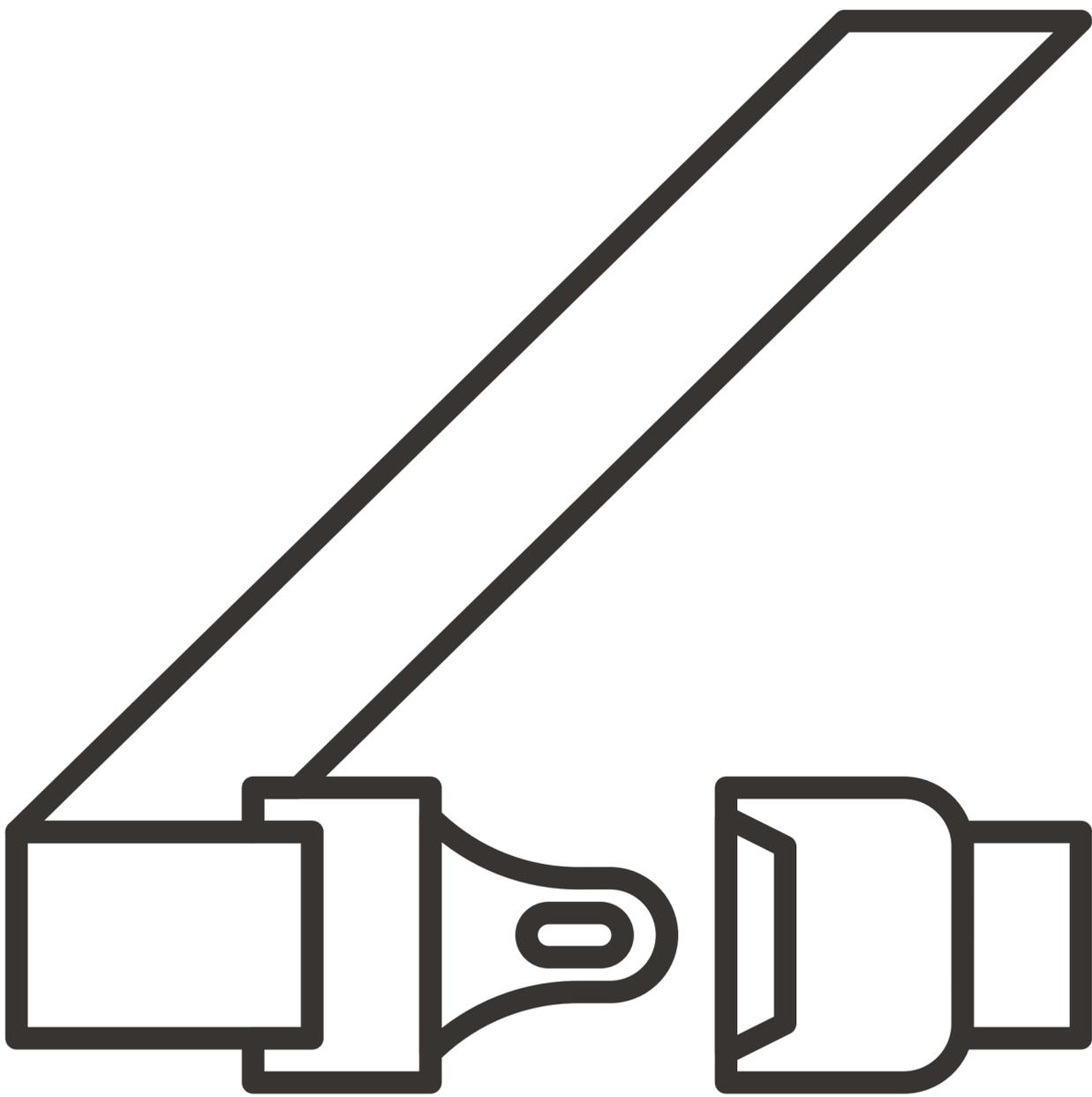
How Can We Help Stop Distractions?

Practice being a safe
passenger on every ride!





1.

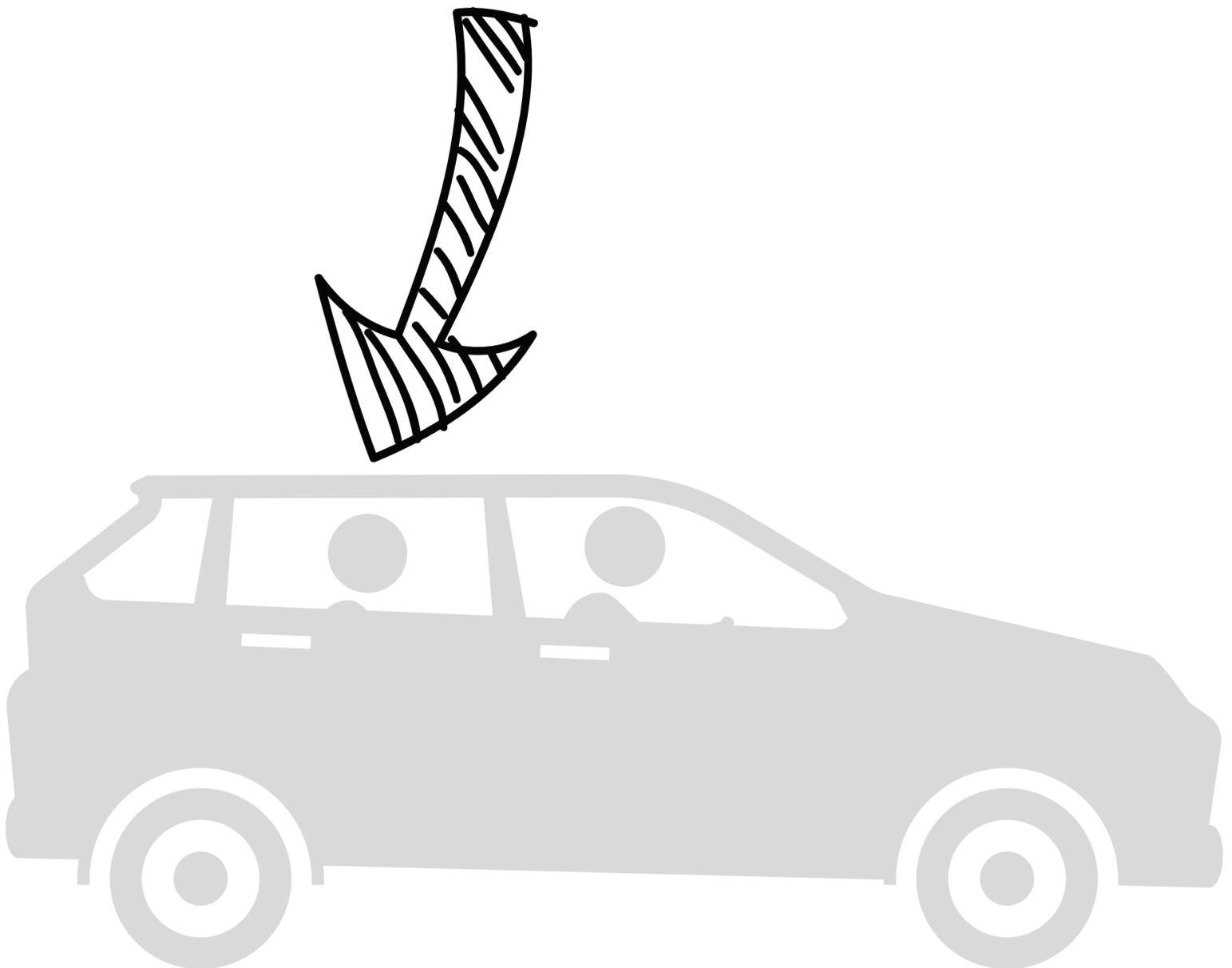


Buckle up on every ride!



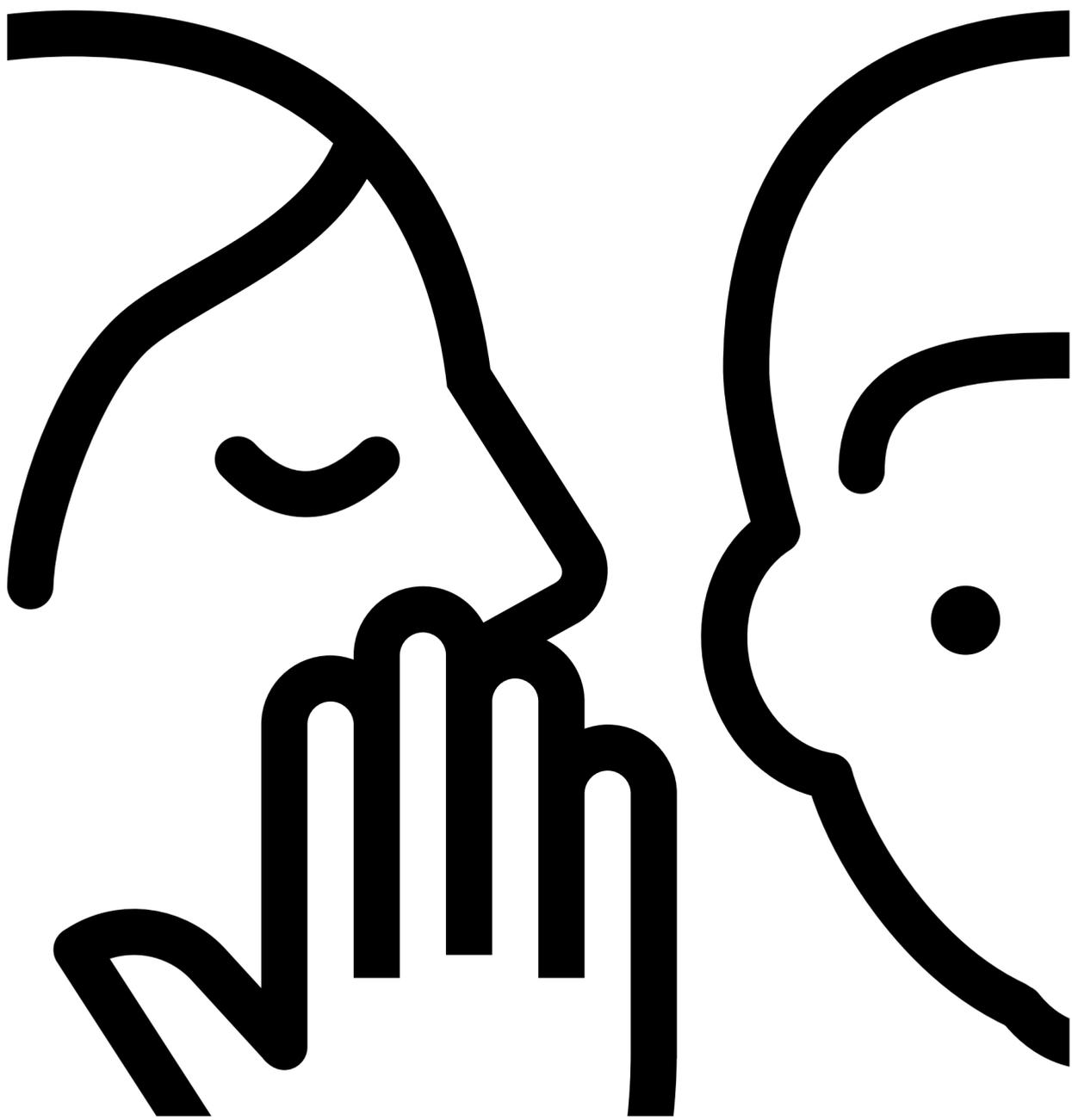
2.

Sit in the back seat until
you are 13 years old.





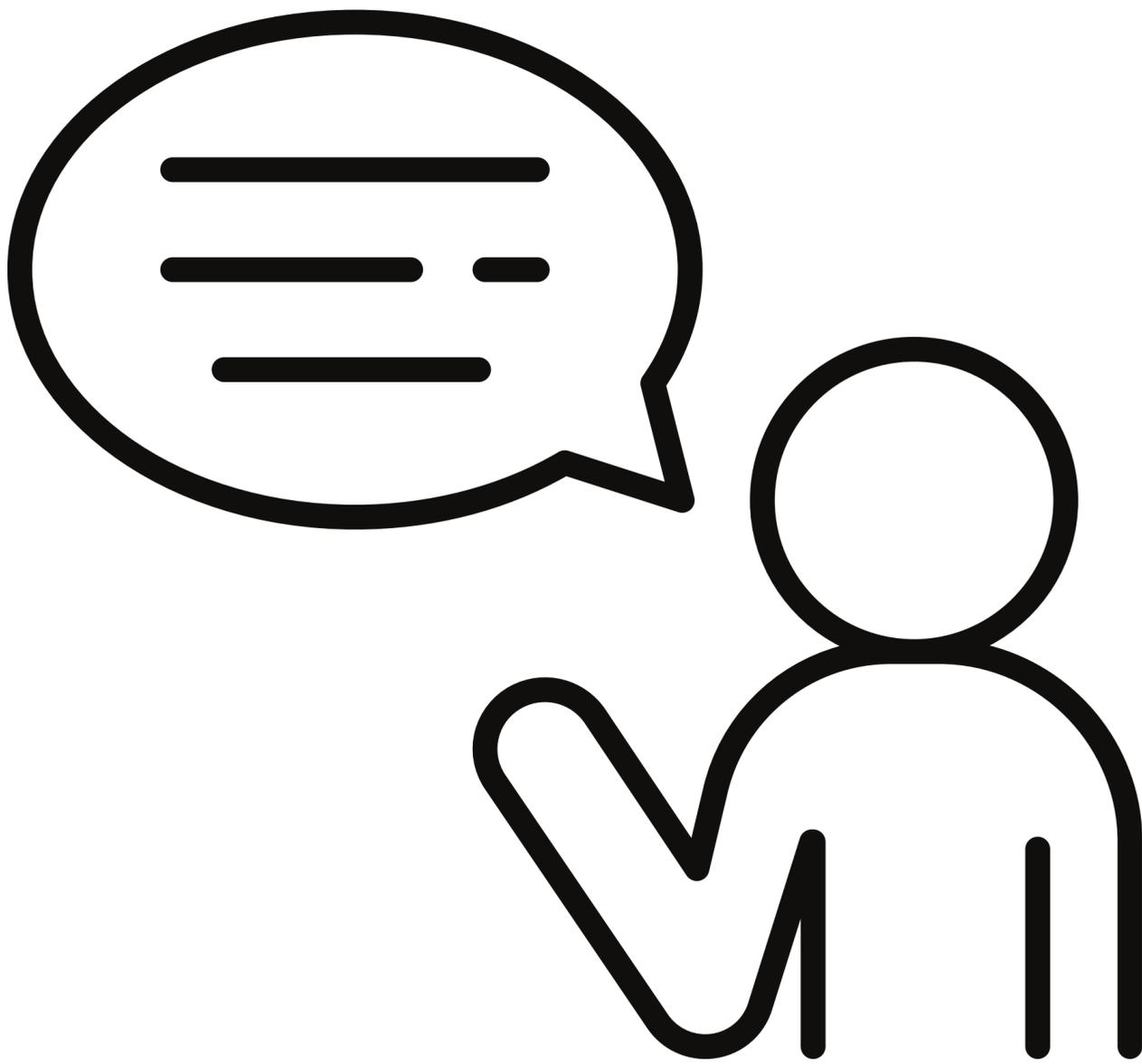
3.



Speak softly and
remain calm.



4.

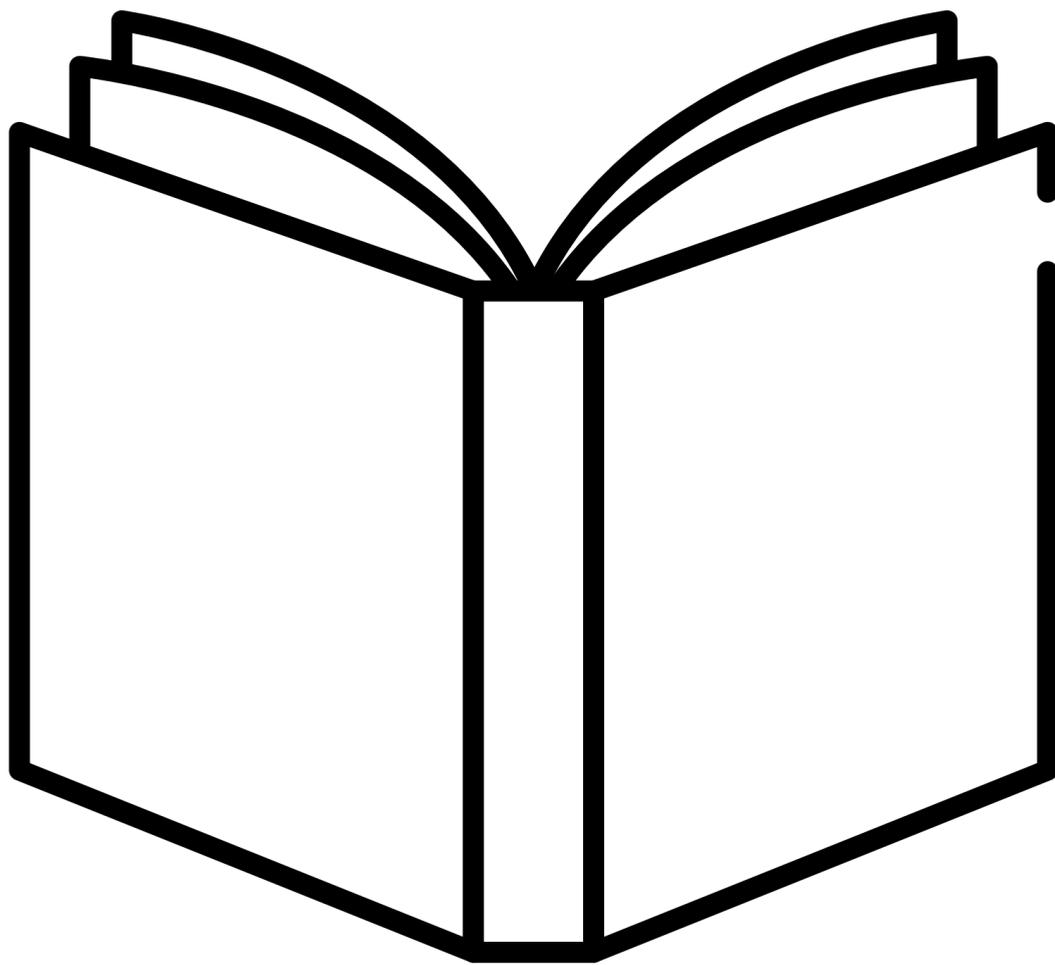


Encourage others to limit
distracting behaviors.



5.

Do activities that are not distracting like reading a book or watching the view outside of the window.





I Promise...

I promise to always practice safe behaviors **as a passenger**. I will not act in ways that can distract the driver from driving.

(name)

(date)

I promise to always practice safe behaviors **as a driver**. I will not act in ways that can distract me from driving.

(name)

(date)

